



TIPS FOR AN AMAZING *Engagement Session*

HOW TO CHOOSE A DATE & TIME

To get the best possible results, aim to begin your engagement session one to two hours before the scheduled sunset during “golden hour,” when the light is the dreamiest. The sun sets much earlier during the colder months of the year and much later during the warmer months, so make sure to factor that in when choosing your engagement session date, especially if you’re taking off work or have evening plans afterward.



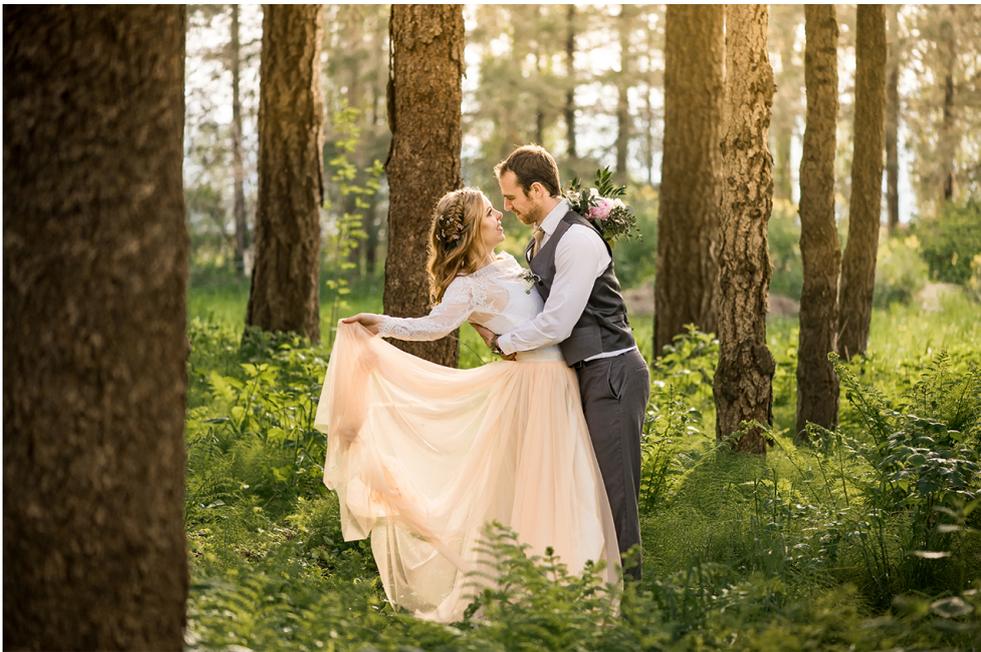
SELECTING THE RIGHT LOCATION

The first thing to decide is what you’d like to feature in your session. Like you see throughout this guide, most SJP couples want to showcase the natural beauty of British Columbia, and there are endless ways and locations that do that! I personally love locations that have a variety of natural backdrops, like both water and forest, or a beach and the mountains! There are so many stunning options around our beautiful province, especially in the Fraser Valley.



To get the most out of your session, it’s good to plan a buffer when getting ready so you can arrive a few minutes early to your session and be ready to start on time. You’ll want to take advantage of every minute you have with your photographer before the sun goes down. If you’re wearing two outfits, save your favourite one for the second half, and if you’re wearing one, arrive in that.





SELECTING THE RIGHT LOCATION (con't.)

You can also decide to feature a location that has sentimental value to you as a couple - the place you met, went on your first date, or just spent a lot of time together!

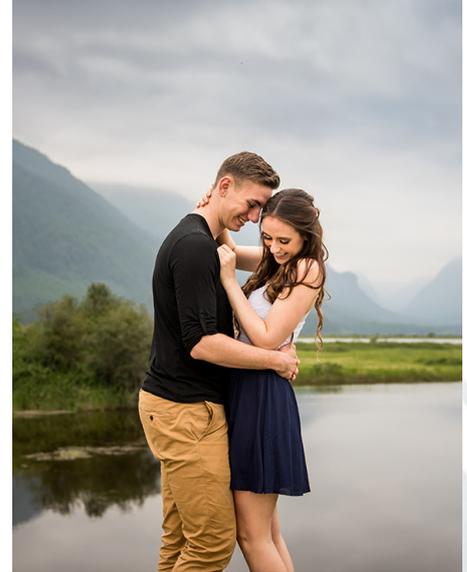
Both options will give you a beautiful backdrop for your engagement photos!

STYLING YOUR SESSION

Have you thought about rocking a sequinned gown, tulle skirt or flower crown but just never had an occasion for it? This is your chance to do it up! Remember: There is no such thing as "too dressed up" when it comes to your engagement session! So don't be afraid to have some fun!



As you're coordinating your outfit with your fiancé's, keep in mind that your outfits will look the most cohesive on camera when the colour palettes coordinate, but don't necessarily "match." You should each aim to wear a different dominant colour, but stay within a similar colour palette family.



Want your engagement images to look a little more editorial? Bring a little extra something with you! A freshly-picked bouquet for you to hold, or fresh flowers to put on something else - like a bicycle basket, tree swing, picnic basket, car bumper or rowboat - is a fun way bring a little extra romance to everyday objects. Whether it's larger items like classic cars, or smaller ones like blankets or hats, even incorporating just one extra styled item could be a fun way to make your session more unique!





Want to see more?

The excerpts in the 'Tips for an Amazing Engagement Session' guide were taken from the SJP Engagement Session Style Guide.

The full guide contains 50 pages of information and images to help prep you for your engagement session, and includes things like:

What Every Bride Needs to Know
Style Tips for Her + Him
Flattering Your Features
Prepping Your Man

Every SJP engagement and wedding client receives this guide before their engagement session, as well as personalized location suggestions!

Engagement sessions start at \$325 + gst.
All wedding collections include a complimentary engagement session.

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